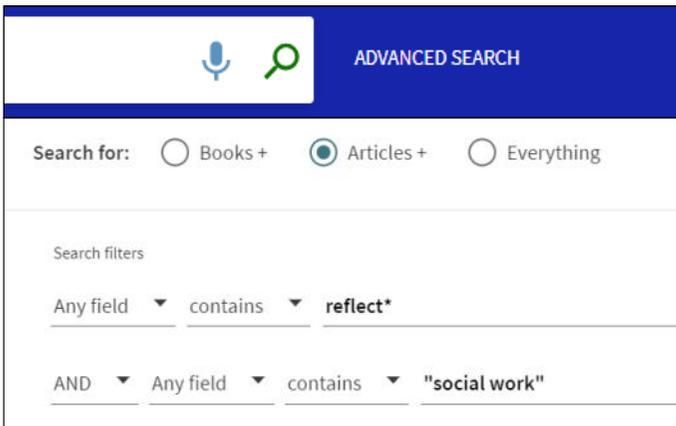


Quick guide to Advanced searching in OneSearch

OneSearch is the University of Cumbria Library search engine. It searches most of our journal collections (databases) in one go, bringing back full text results.

This guide focuses on search tips for using the Advanced search to find journal articles. There is a basic guide for books and simpler searching. This and lots of other videos and guides can be found under Help and Guidance within OneSearch.

OneSearch is linked from the student hub or scan this QR code or click for the link.



The screenshot shows the 'ADVANCED SEARCH' interface. At the top, there are icons for voice search and a magnifying glass. Below this, the 'Search for:' section has three radio buttons: 'Books +', 'Articles +' (which is selected), and 'Everything'. Underneath, there are 'Search filters' with two rows of dropdown menus. The first row shows 'Any field' (dropdown), 'contains' (dropdown), and 'reflect*' (text). The second row shows 'AND' (dropdown), 'Any field' (dropdown), 'contains' (dropdown), and '"social work"' (text).

Plan your search

Use the search form linked in the QR code.



1. Think about your search terms—keywords

- are there alternative American spellings? If so do you include them or choose your spelling to exclude American results?
- Are there synonyms or alternative words that you could also use?
- Are there more specific terms to narrow your search or broader terms to widen the search if you don't find what you need?

2. Identify any key phrases or truncation of multiple endings.

Phrase Searching "cardiovascular health"	Adding quotation marks, finds the words next to each other, making your results more relevant
Truncation child* will find child and children	A star* at the root of the word finds various endings without having to repeat the search.

3. Combine with Boolean Operators AND, OR and NOT

AND narrows your search as it has to include both terms	Health AND chocolate
OR broadens your search with an either/or.	Chocolate OR cocoa
NOT excludes a subset of results .	NOT review - if you want primary research, not a literature review.

These are embedded within OneSearch and other academic databases. They need to be in CAPITALS for the search engines to recognise and use them.

Select the Advanced search

(to the right of the main search box)



1. Select **Articles +** above the search box (*Everything* will bring back books and videos as well and we are looking for articles).
2. Enter your terms, **1 concept per row**, this allows you to manipulate individual parts of the search. Here we are looking for “cardiovascular health” AND (chocolate OR cocoa) but in this instance we don’t want a literature review.



3. Ignore the extra search options on the right and click on the magnifying glass.



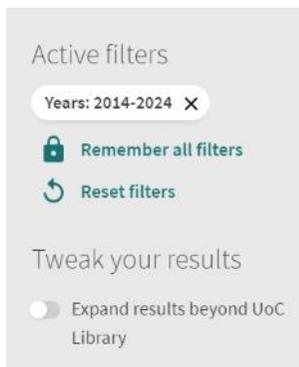
TIP—Make sure you have signed in to be able to save individual articles and your search (then you can come back to it later).

4. Use the **'Tweak your results'** option to limit by date.

N.B. the *peer review* option doesn't work in OneSearch, it removes too many relevant results. *Subjects* vary across the databases, so are not consistent but may help.

5. If you are doing a few searches use the padlock to fix your date range. This saves you adding it each time.

6. Expanding your results will bring back articles that we don't subscribe to.



Active filters

Years: 2014-2024 X

Remember all filters

Reset filters

Tweak your results

Expand results beyond UoC Library



Annotations:

- Save the search
- Citations References
- Save the article

0 selected PAGE 1 1-10 of 632 Results Save query Personalize

ARTICLE

The acute and sub-chronic effects of **cocoa flavanols** on mood, cognitive and **cardiovascular health** in young healthy adults: a randomized, controlled trial

Massee, Laura A ; Ried, Karin ; Pase, Matthew ; Travica, Nikolaj ; Yoganathan, Jaesshanth ; Scholey, Andrew ; Macpherson, Helen ; Kennedy, Greg ; Sali, Avni ; Pipingas, Andrew

Frontiers in pharmacology, 2015-05, Vol.6, p.93-93

☛ **Cocoa supplementation** has been associated with benefits to **cardiovascular health**...

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