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| My long-term career goal/dream job: | | |
|  | | |
| How can I get there? List 5 short-term goals that will help you achieve your long-term goal:  Remember to keep it SMART! | | |
|  | Action Steps | Timescale |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| Who can help me? (My support network/contacts): | | |
|  | | |
| What are my obstacles? What could stop me from achieving my long-term goal? | | |
|  | | |
| What adjustments do I need to make to overcome these obstacles? | | |
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